

A large, high-resolution photograph of several bunches of green bananas hanging from a tree. The bananas are arranged in several bunches, with some bunches in the foreground and others in the background. The background is a dark green, out-of-focus foliage.

Product Catalog



Gaute Fresh
THE WORLD'S TRUE TASTE OF FRESH

gf GAUTE
FRESH

Gaute Fresh Uganda, in partnership with Gordon's Agricultural Organization – Uganda, is dedicated to empowering out-of-school youth and women by equipping them with the skills and opportunities to engage in profitable sustainable agriculture and access global markets for their fresh fruits and vegetables.

Transforming agriculture into a source of pride, opportunity, and prosperity for youth and women. Support our youth and women to build a brighter, self-reliant future through agriculture.

Together, let's empower our youth and women to grow, lead, and thrive.



Preamble

Gaute Fresh is a trusted supplier of premium-quality fresh produce sourced from the rich agricultural regions of East Africa. With operations in Uganda, Kenya, and the United Kingdom, the company is committed to delivering farm-fresh fruits, vegetables, herbs, spices, and specialty products to global markets with consistency, reliability, and strict adherence to international standards.

From Uganda's fertile volcanic soils to Kenya's high-altitude farmlands, Gaute Fresh works closely with farmers, cooperatives, and partner organizations to ensure sustainable production, traceability, and year-round availability of diverse products. Our catalogue reflects a wide offering of East Africa's finest produce — handpicked, carefully packaged, and shipped through strategic export points in Entebbe and Nairobi to meet buyer specifications across the world.

Coffee



Roasted Coffee Beans (AA, AB and Wugar)



Season Availability

All Year Round

Packaging

1Kg, 10 packs in a Box

MOQ

11tons in a 20ft Container.

Green Coffee Beans Screen 12, 15, 16 & 18



Season Availability

Nov to Feb/ May to Aug

Oct to Feb/ April to July

Packaging

60Kg per Bag

MOQ

19.2 metric tons of green coffee, which is about 320 bags of 60 kg each (19,200 kg).

Arabica & Robusta Coffee



Season Availability

Nov to Feb/ May to Aug

Oct to Feb/ April to July

Packaging

60Kg per Bag

MOQ

19.2 metric tons of green coffee, which is about 320 bags of 60 kg each (19,200 kg).



Fruits



Matooke/Green Bananas. *Kibuzi, Mporogoma and Musakala*



Season Availability
Nearly All Year Round
Packaging
Box =105-115 fingers per 18.5 kg
box (12-18) clusters of bananas
MOQ
7-8 tons by Sea
1-2 tons by Air

Avocado *Hass, Fuerte and Jumbo*



Season Availability
Nearly All Year Round
Packaging
4 to 10 kilograms or a set
number of fruits, such as
10 to 20 depending on
their size.
MOQ
7-8 tons by Sea
1-2 tons by Air

Soursop



Season Availability
Nearly All Year Round (peaks
NovemberFebruary and May-July)
Packaging
Vacuum pack (0.5 kg NW) in
PP/carton or 4.5 kg per box
MOQ
7-8 tons by Sea
1-2 tons by Air

Apple Banana *Sweet Banana / Sukari Ndiizi*



Season Availability
All Year Round
(staggered harvesting)
Packaging
Box with 105-115 fingers
per 18.5 kg (12-18 clusters)
MOQ
7-8 tons by Sea 1-2
tons by Air

Passion Fruits *Purple granadilla, Yellow Passion Fruit and Aromatic*



Season Availability
All Year Round
Packaging
Depends on the buyer's
specific requirement
MOQ
7-8 tons by Sea
1-2 tons by Air

Mango *Tommy Atkins, Kent, and Kate (TakaTaka)*



Season Availability
Nearly All Year-Round
Packaging
4kg box - sea freight and
6kg box - air freight
MOQ
7-8 tons by Sea
1-2 tons by Air

Pineapple *Sweet Cayanne*



Season Availability
March through to July
Packaging
5, 6, 7, 8, 9, or 10
pineapples per 12 kg box
MOQ
7-8 tons by Sea
1-2 tons by Air

Sugar Canes



Season Availability
All Year Round (peaks in dry
seasons)
Packaging
Layer packed in carton boxes
or as per buyer's request
MOQ
7-8 tons by Sea
1-2 tons by Air

Dragon Fruits



Season Availability
All Year Round (tropical
climate allows continuous
production)
Packaging
Carton boxes (3 kg each)
MOQ
7-8 tons by Sea
1-2 tons by Air



Fruits



Guava

Apple Guava (Psidium guajava)



Season Availability
November to February and May to July
Packaging
4.5-kg per box
MOQ
7-8 tons by Sea, 1-2 tons by Air

Mangoes (Raw)



Season Availability
Nearly All Year Round (peaks October-March and April-June)
Packaging
4 kg box for sea freight, 6 kg box for air freight
MOQ
7-8 tons by sea, 1-2 tons by air

Watermelon

Zebra Sukari F1, Raha, Chairman (Green striped, Red flesh)



Season Availability
March to September
Packaging
Depends on buyers' specification
MOQ
7-8 tons by Sea, 1-2 tons by Air

Lemon

Big soft yellow & Small hard green



Season Availability
March through to July
Packaging
5, 6, 7, 8, 9, or 10 pineapples per 12 kg box
MOQ
7-8 tons by Sea, 1-2 tons by Air

Jack fruit half mature



Season Availability
Peaks in March-April and November-December
Packaging
Carton boxes (10-20 kg, cushioned for freshness)
MOQ
7-8 tons by sea, 1-2 tons by air

Green Mangoes (Local small mangoes)



Season Availability
Nearly All Year Round (peaks October-March and April-June)
Packaging
4-10 kg cartons, depends on buyers' specification
MOQ
7-8 tons by sea, 1-2 tons by air



Vegetables



Garden Eggs *White*



Season Availability
All Year Round
Packaging
Depends on buyers' specification
MOQ
7-8 tons by sea
2-4 tons by air

Tindori *Ivy gourd*



Season Availability
All Year Round (warm climate)
Packaging
Plastic bags or cartons (1-2 kg packs)
MOQ
7-8 tons by Sea 2-4 tons by Air

Karela *Bitter gourd or Bitter melon*



Season Availability
All Year Round
Packaging
Depends on buyers' specification
MOQ
7-8 tons by sea
2-4 tons by air

Sweet Potato *Red and White*



Season Availability
March-April and June-August
Packaging
Depends on buyers' specification
MOQ
7-8 tons by Sea 1-2 tons by Air

Peanuts *Shelled*



Season Availability
All Year Round (peaks November, February and May-August)
Packaging
2-50 kg bags (PP or jute)
MOQ
7-8 tons by Sea 2-4 tons by Air

Yams



Season Availability
All Year Round (peaks August-December)
Packaging
Ventilated carton boxes (10-20 kg)
MOQ
7-8 tons by Sea 2-4 tons by Air

Beans *Yellow*



Season Availability
All Year Round (multiple harvests; peaks March-April and June-August)
Packaging
50 kg PP bags
MOQ
7-8 tons by Sea 2-4 tons by Air

Dudi *Bottle gourd*



Season Availability
All Year Round (warmer climates)
Packaging
Carton boxes (as per buyer's request)
MOQ
7-8 tons by Sea 2-4 tons by Air

Okra



Season Availability
All Year Round
Packaging
Depends on buyers' specification
MOQ
7-8 tons by sea
2-4 tons by air



Vegetables



French beans



Season Availability
All Year Round
Packaging
Depends on buyers' specification
MOQ
7-8 tons by sea
2-4 tons by air

French beans



Season Availability
All Year Round
Packaging
Depends on buyers' specification
MOQ
7-8 tons by sea
2-4 tons by air

Sweet pepper



Season Availability
All Year Round
Packaging
Aerated carton boxes (4-5 kg each)
MOQ
7-8 tons by sea
2-4 tons by air



Chilli Peppers



Habanero



Season Availability
All Year Round
Packaging
Depends on buyers' specification
MOQ
7-8 tons by sea
2-4 tons by air

Birds Eye Chili Red & Green



Season Availability
All Year Round
Packaging
Depends on buyers' specification
MOQ
7-8 tons by sea
2-4 tons by air

Bullet Chili



Season Availability
All Year Round
Packaging
Depends on buyers' specification
MOQ
7-8 tons by sea
2-4 tons by air



Spices



Ginger

**Season Availability**

July - Oct

Packaging

Depends on buyers' specification

MOQ

100 kgs by Air

Tumeric

**Season Availability**

July - October
(root crop harvest)

Packaging

Depends on buyers' specification

(PP bags or cartons)

MOQ

100 kgs by Air

Curry Leaves

**Season Availability**

All Year Round

Packaging

Plastic packets or cartons
(100-500 g packs)

MOQ

100 kgs by Air

Lemon Grass

**Season Availability**

All Year Round

Packaging

Depends on buyers' specification

MOQ

100 kgs by Air

Maize flour

**Season Availability**

All Year Round
(processed product)

Packaging

50 kg PP bags

MOQ

7-8 tons by Sea
2-4 tons by Air

Cassava

**Season Availability**

All Year Round (staple crop)

Packaging

PP bags (50-60 kg) or cartons

MOQ

7-8 tons by Sea
1-2 tons by Air



Other Products



Mushrooms

Oyster mushroom (Pleurotus ostreatus), Oyster (white, grey)



Millet flour (Maganjo)



Season Availability

All Year Round
(processed product)

Packaging

50 kg PP bags or
1 kg packs in cartons
(bulk export in sacks)

MOQ

7-8 tons by sea
2-4 tons by air

Pawpaw / Papaya (Raw)



Season Availability

All Year Round

Packaging

Carton boxes
(10 kg each, or 0.8-1.5 kg
per fruit in sets)

MOQ

7-8 tons by sea
1-2 tons by air

White sweet potatoes



Season Availability

March-April and June-August

Packaging

Depends on buyers'
specification

MOQ

17-8 tons by sea
1-2 tons by air

Sugar cane (Long)



Season Availability

All Year Round
(long variant for export;
peaks in dry seasons)

Packaging

Layer packed in carton
boxes or bundles;

MOQ

17-8 tons by sea
1-2 tons by air



Exotic Flowers



Pink Roses



Season Availability
All Year Round
Packaging
Depends on buyers' specification
MOQ
1 Box, 7 boxes or 105Kgs

Mixed Roses



Season Availability
All Year Round
Packaging
Depends on buyers' specification
MOQ
1 Box, 7 boxes or 105Kgs

Red Rose



Season Availability
All Year Round
Packaging
Depends on buyers' specification
MOQ



Fruits and herbs



Avocado

Hass, Fuerte and Jumbo

Season Availability
Nearly All Year Round
Packaging
4 to 10 Kilograms or a set number of fruits, such as 10 to 20 depending on their size.
MOQ
7-8 tons by Sea
1-2 tons by Air

Mango

Tommy Atkins, Kent, and Kate (TakaTaka)

Season Availability
Nearly All Year-Round
Packaging
4kg box - sea freight and 6kg box - air freight
MOQ
7-8 tons by Sea
1-2 tons by Air

Thyme



Season Availability
All Year Round (planted at high altitudes; peaks in dry seasons)
Packaging
Depends on buyers' specification (cushioned cartons for freshness)
MOQ
100 kgs by Air



Chillies and Vegetables



Green Chilli Pepper



Season Availability

All Year Round

Packaging

Depends on buyers' specification

MOQ

7-8 tons by sea

2-4 tons by air

Round Aubergine (Purple egg plant)



Season Availability

All Year Round

Packaging

Depends on buyers' specification

MOQ

7-8 tons by sea

2-4 tons by air

African Bird's Eye Chillies



Season Availability

All Year Round

Packaging

Depends on buyers' specification

MOQ

7-8 tons by sea

2-4 tons by air

Long Eggplant Aubergine



Season Availability

All Year Round

Packaging

Depends on buyers' specification

MOQ

7-8 tons by sea

2-4 tons by air

Long Ravaiya



Season Availability

All Year Round

Packaging

Depends on buyers' specification

MOQ

7-8 tons by sea

2-4 tons by air

Birds Eye Chili Red



Season Availability

All Year Round

Packaging

Depends on buyers' specification

MOQ

7-8 tons by sea

2-4 tons by air

Scotch Bonnets



Season Availability

All Year Round

Packaging

Depends on buyers' specification

MOQ

7-8 tons by sea

2-4 tons by air

Snow Peas



Season Availability

All Year Round

Packaging

Depends on buyers' specification

MOQ

7-8 tons by sea

2-4 tons by air

Sugar Snaps



Season Availability

All Year Round

Packaging

Depends on buyers' specification

MOQ

7-8 tons by sea

2-4 tons by air



Chillies and Vegetables



Garden Peas



Season Availability
All Year Round
Packaging
Depends on buyers' specification
MOQ
7-8 tons by sea
2-4 tons by air

Baby Corn



Season Availability
All Year Round
Packaging
Depends on buyers' specification
MOQ
7-8 tons by sea
2-4 tons by air

French Bean Variants



Season Availability
All Year Round
Packaging
Depends on buyers' specification
MOQ
7-8 tons by sea
2-4 tons by air



Herbs & Spices



Coriander



Season Availability
All Year Round
Packaging
Depends on buyers' specification
MOQ
100 kgs by Air

Basil



Season Availability
All Year Round
Packaging
Depends on buyers' specification
MOQ
100 kgs by Air

Rosemary



Season Availability
All Year Round
Packaging
Depends on buyers' specification
MOQ
100 kgs by Air

Additional Information

► Supply capacity and regularity of shipments (weekly/bi-weekly)

Supply Capacity: We can supply 2-3 containers per month during the peak season. This is subject to the buyer's order and can be discussed further based on demand.

Regularity: Shipments can be scheduled on a bi-weekly basis and scaled up to weekly shipments, depending on product availability and the buyer's booking arrangements.

► Usual point of export (airport/port)

Airports: Entebbe International Airport (Uganda) / Jomo Kenyatta International Airport (Kenya)
Seaport: Mombasa Port (Kenya)

► Indicative pricing for the main products and payment terms

Price: The pricing of products will be determined by the client's specifications and preferences regarding packaging and the chosen mode of transportation.

Payment terms: Our payment terms are 75% upfront, and this is negotiable. That is, our standard payment terms require a 75% upfront payment for FOB and CIF, which is open to negotiation.

► Possibility of supplying mixed loads for different vegetables

Mixed Load: Yes, we can supply mixed loads of various vegetables based on buyer's selected products, variety, and preferences.

Note:

Kindly note that we always follow the client's specifications and packaging preferences in order to provide our FOB quotations. To proceed, we would need to know your preferred products, variety, packaging, and quantity. These details can then be further discussed.

Certifications

Gaute Fresh is committed to meeting the highest international standards of quality, safety, and sustainability across all its operations. Our certifications reflect our dedication to responsible farming practices, strict post-harvest handling, and compliance with global export requirements. These standards ensure that every product delivered to our customers is fresh, safe, traceable, and produced with integrity. Our certified processes reinforce buyer confidence and position Gaute Fresh as a trusted supplier in competitive global markets.



Our Partners

Gaute Fresh works closely with strategic partners who play a vital role in strengthening our value chain from farm to market. Through collaborations with agricultural organizations, farmer groups, logistics partners, and quality-assurance stakeholders, we ensure consistent supply, enhanced product quality, and sustainable sourcing. These partnerships enable us to deliver exceptional produce while supporting local communities and driving agricultural growth across East Africa. The logos displayed represent some of the key organizations that walk with us in fulfilling our mission.





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